



## CERTIFICATE IN CATHOLIC STUDIES (C.C.S.)

### CCS-050 THE HOLY SACRAMENTAL MYSTERIES: AN INTRODUCTION

#### COURSE OUTLINE

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The Holy Sacramental Mysteries: An Introduction - Nowhere is the active presence in our prayer as pronounced and powerful as in those prayers we call the Holy Mysteries or Sacraments. The Mysteries are the prayer of the Church, filled with the life-giving power of the Holy Spirit, that we be transformed through our incorporation into Christ and according to His Will. They are the summit of the Church's liturgy, uniquely and intimately connected to the person and work of Christ. They reveal God's love for the human race as very personal at the same time as it is universal.

#### GENERAL COURSE OBJECTIVES

1. Learn about the Theology of Eastern Christianity
2. Consider the themes of God as Mystery, Creator and Trinity
3. Explore the Eastern Christian emphasis on God as transcendence
4. Understand the loving intimacy of God

#### Course Structure and Highlights

**Lesson 1:** The Mysteries and the Great Mystery

**Lesson 2:** Christ, the Victor Over Death

**Lesson 3:** New Birth in Water and the Spirit

**Lesson 4:** Christ, the Bread of Life

**Lesson 5:** The Eucharist in the Apostolic Church

**Lesson 6:** Christ, Physician of Souls and Bodies

**Lesson 7:** Christ the Lover of Humankind and the Mystery of Unction

**Lesson 8:** Christ Builds Up the Kingdom of God

**Lesson 9:** Marriage and the Nature of Humanity

**Lesson 10:** Christ Calls Us to Die to the World

**Textbooks**

[\*Inexhaustible Delights: The Holy Mysteries in the Byzantine Churches\*, Saato, Fred.](#)

Online Articles.

**References**

[\*The Holy Bible\*](#)

**Assessment**

The Holy Sacramental Mysteries: An Introduction consists of ten lessons and ten assignments, with each assignment weighted at 10% (percent) of the total grade.

**Technical Skills and Equipment Requirements**

1. You must have Internet access. A high-speed connection, either ADSL or cable, is recommended.
2. You should know how to use a web browser to navigate the web to locate educational resources and download files.
3. You will need the files management skills necessary to create directories, to save files and to retrieve files.