
CERTIFICATE IN CATHOLIC STUDIES (C.C.S.)

**CCS-050 THE HOLY SACRAMENTAL MYSTERIES: AN
INTRODUCTION**

COURSE OUTLINE

The Holy Sacramental Mysteries: An Introduction - Nowhere is the active presence in our prayer as pronounced and powerful as in those prayers we call the Holy Mysteries or Sacraments. The Mysteries are the prayer of the Church, filled with the life-giving power of the Holy Spirit, that we be transformed through our incorporation into Christ and according to His Will. They are the summit of the Church's liturgy, uniquely and intimately connected to the person and work of Christ. They reveal God's love for the human race as very personal at the same time as it is universal.

Course Structure and Highlights

Lesson 1: The Mysteries and the Great Mystery

Lesson 2: Christ, the Victor Over Death

Lesson 3: New Birth in Water and the Spirit

Lesson 4: Christ, the Bread of Life

Lesson 5: The Eucharist in the Apostolic Church

Lesson 6: Christ, Physician of Souls and Bodies

Lesson 7: Christ the Lover of Humankind and the Mystery of Unction

Lesson 8: Christ Builds Up the Kingdom of God

Lesson 9: Marriage and the Nature of Humanity

Lesson 10: Christ Calls Us to Die to the World

Textbooks

[Inexhaustible Delights: The Holy Mysteries in the Byzantine Churches, Saato, Fred.](#)

Online Articles.

References

[The Holy Bible.](#)

Assessment

The Holy Sacramental Mysteries: An Introduction consists of ten lessons and ten assignments, with each assignment weighted at 10% (percent) of the total grade.

Technical Skills and Equipment Requirements

1. You must have Internet access. A high-speed connection, either ADSL or cable, is recommended.
2. You should know how to use a web browser to navigate the web to locate educational resources and download files.
3. You will need the files management skills necessary to create directories, to save files and to retrieve files.